

**Supplementary Table 1.** Measurement invariance of the Bedtime Procrastination Scale among high school students across sex, depression, and anxiety

Model	$\chi^2$	df	$\Delta\chi^2$	$\Delta$ df	p-value	CFI	$\Delta$ CFI	RMSEA	$\Delta$ RMSEA
Sex									
Configural	22.488	52				1.000		0.000	
Metric	36.041	59	13.553	7	0.060	1.000	0.000	0.000	0.000
Scalar	42.049	66	6.008	7	0.539	1.000	0.000	0.000	0.000
Depression									
Configural	34.603	52				1.000		0.000	
Metric	45.259	59	10.656	7	0.154	1.000	0.000	0.000	0.000
Scalar	50.879	66	5.62	7	0.585	1.000	0.000	0.000	0.000

CFI, comparative fit index; RMSEA, root mean square error of approximation.